



34th Annual Granite City 5K
Saturday, August 7, 2010 – 8:30 am
Presented by the Saint Cloud River Runners

- Location:** Heritage Park, St. Cloud, Minnesota at 33rd Avenue and 2nd Street S. Across from Cub Foods and Wal-Mart.
- Course:** Run on the Heritage Park grounds in St. Cloud. Closed to traffic. Grass, dirt, asphalt, and crushed granite. Certified course. Splits at 1 and 2 miles. 181 finishers in 2009.
- Entry Fee:** \$10 if postmarked by July 30, \$15 thereafter. Race day registration 7:30-8:15 am. Entry fee for St. Cloud River Runners: \$7 if postmarked by July 30, \$10 thereafter.
- Send to:** Make check payable to SCRR and mail to: Tim Miles
601 5th Ave. NE
Saint Joseph, MN 56374
- Awards:** Trophies to male and female overall winners and awards to top three male and female finishers in each category: Pre-High School, High School, Post-High School to age 29, 30-39, 40-49, 50-59, 60-60, 70+ T-Shirts guaranteed only for pre-registered runners – only while they last if not pre-registered.
- Amenities:** Beverages, fruit, and cookies at finish. Post-race door prizes – must be present to win ☺
- Results/Photos:** Results at www.scurr.org and www.raceberryjam.org and emailed to participants. Photos at www.scurr.org.
- Questions:** Contact Race Director Tim Miles at 320-363-2787 or tmiles@csbsju.edu for additional information.

2010 Granite City 5K Registration Form

Name _____ Hometown _____

Email: _____ Age on Race Day _____ Gender: Male _____ Female _____

If in High School, grade in school this coming fall _____ High School _____

T-Shirt Size: Small _____ Medium _____ Large _____ X-Large _____

T-shirts guaranteed only for those who postmark entries before July 30.

Make check payable to SCRR and send to: Tim Miles, 601 5th Ave. NE, St. Joseph, MN 56374

WAIVER (required for entry) In consideration of the acceptance of my entry I do hereby release any and all sponsors, race directors, volunteers, and others associated with the race from any and all liability from illness or injury that I may suffer as a result in this race, regardless of negligence. I certify that I am properly trained for this race and I assume risks related to accidents, weather, temperature, and course condition.

Participant (signature)

Parent/Guardian if under 18 (signature)

Date

Additional entry forms and course map at www.scurr.org