

SHORT COURSE
 .25 Mile Swim, 9 Mile Bike, 2.5 Mile Run

FEMALE OVERALL

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Jody Quesnell	41	Roseville	MN	7:08	22:13	17:39	49:59
2	Kelly McCann	22	Hudson	WI	6:40	22:59	17:58	50:37
3	Karen Bebchuk	43	Plymouth	MN	7:07	24:39	17:28	52:04

MALE OVERALL

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	John Heinlein	20	Stillwater	MN	7:15	20:19	16:07	46:01
2	Tim Quesnell	42	Roseville	MN	6:49	22:20	14:40	46:51
3	Brandon Onopa	18	Long Lake	MN	6:25	21:52	16:24	47:06

FEMALE MASTER

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Amy Klosterman	47	White Bear Lake	MN	6:34	24:01	18:42	52:25

MALE MASTER

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	David Goldberg	48	Excelsior	MN	5:48	22:14	16:45	47:26

FEMALE INDIVIDUAL AGE GROUP: 1 - 19

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Meagan Bebchuk	18	Plymouth	MN	8:50	28:09	18:37	58:21
2	Alexis Dobrzynski	12	Burnsville	MN	7:11	28:21	22:06	1:01:39
3	Megan Hauck	19	Champlin	MN	7:30	31:00	20:44	1:04:42

MALE INDIVIDUAL AGE GROUP: 1 - 19

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Caius Rickard	19	Plymouth	MN	6:34	22:28	16:35	47:49
2	Michael Mittelstea	19	Apple Valley	MN	7:23	23:14	15:06	48:42
3	Andrew Kump	19	Apple Valley	MN	10:57	25:33	15:17	56:16

FEMALE INDIVIDUAL AGE GROUP: 20 - 24

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Pamela Yarbrough	23	St. Cloud	MN	9:29	28:04	19:50	1:01:12
2	Jaci Lang	20	St. Cloud	MN	9:52	29:08	23:03	1:06:01
3	Jessica Vanderlind	22	Watertown	MN	10:32	28:59	21:51	1:06:31

MALE INDIVIDUAL AGE GROUP: 20 - 24

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Justin Hoefer	21	Annandale	MN	6:36	22:39	17:23	49:26
2	Dan Rasmussen	24	Minneapolis	MN	7:11	23:42	16:22	50:14
3	Brent Johnson	20	Arden Hills	MN	5:54	24:58	16:06	50:31

FEMALE INDIVIDUAL AGE GROUP: 25 - 29

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Kym Zhao	27	Minneapolis	MN	7:30	26:49	18:30	56:45
2	Roxanne Erickson	29	Willmar	MN	8:11	25:54	18:37	56:52
3	Adrea Jeske	29	St Louis Park	MN	8:10	27:09	20:36	59:07

MALE INDIVIDUAL AGE GROUP: 25 - 29

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Reed Malvick	29	Edina	MN	7:49	21:15	16:52	48:41
2	Matthew Priess	26	Minneapolis	MN	8:21	22:02	17:11	50:22
3	Jared Haag	27	Minneapolis	MN	7:29	24:16	20:14	55:55

FEMALE INDIVIDUAL AGE GROUP: 30 - 34

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Suzie O'Gorman	34	Cologne	MN	6:25	26:05	25:44	1:01:56
2	Ginny Giles	32	Minneapolis	MD	8:32	27:54	21:04	1:02:26
3	Christine Smeby	33	St Paul	MN	10:34	26:50	21:15	1:03:37

MALE INDIVIDUAL AGE GROUP: 30 - 34

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Ryan Saline	34	Maple Grove	MN	7:04	22:29	17:21	49:26
2	Scott Parker	33	Plymouth	MN	7:31	23:06	16:08	49:49
3	Jeremy Johnson	34	Burnsville	MN	8:34	22:17	16:47	50:27

FEMALE INDIVIDUAL AGE GROUP: 35 - 39

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Debbie Kimlinger	35	Plymouth	MN	6:41	25:35	18:27	54:10

2	Amy Bennett	35	Duluth	MN	8:05	24:32	19:44	56:30
3	Dana Horihan	38	Forest Lake	MN	8:02	25:08	20:05	57:16

MALE INDIVIDUAL AGE GROUP: 35 - 39

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Robert Knight	35	Blaine	MN	6:29	22:09	18:14	50:34
2	Kent Smith	39	Edina	MN	7:59	22:22	17:39	50:36
3	W. Harvey Skees	36	Minneapolis	MN	7:56	22:28	18:33	54:05

FEMALE INDIVIDUAL AGE GROUP: 40 - 44

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Renee Neuharth	40	Savage	MN	7:37	25:47	20:20	57:23
2	Julie Noyes	42	Red Wing	MN	8:11	26:32	19:40	58:45
3	Jean Knutson	44	Byron	MN	9:10	27:05	20:36	1:00:48

MALE INDIVIDUAL AGE GROUP: 40 - 44

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Todd White	42	Roseville	MN	5:38	22:43	16:39	47:52
2	Steven Neuharth	42	Savage	MN	7:27	22:54	18:04	51:34
3	Amanuel Abeje	43	Mpls	MN	6:47	23:54	18:17	52:52

FEMALE INDIVIDUAL AGE GROUP: 45 - 49

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Susan Woods	47	Shoreview	MN	8:00	24:46	20:42	56:21
2	Cheryl Laudenschach	49	Shoreview	MN	7:55	25:25	20:14	58:00
3	Lisa Spethmann	46	St. Cloud	MN	7:22	27:19	19:40	58:36

MALE INDIVIDUAL AGE GROUP: 45 - 49

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	David Peterson	49	Bloomington	MN	7:50	24:02	15:54	50:28
2	Daniel Kirkpatrick	47	Hudson	WI	6:15	24:27	19:01	53:27
3	Greg Kurowski	47	Victoria	MN	8:34	23:09	19:27	55:28

FEMALE INDIVIDUAL AGE GROUP: 50 - 54

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Teresa Isakson	50	Red Wing	MN	8:32	25:54	23:42	1:02:38
2	Karen Swenson	50	Plymouth	MN	9:20	27:51	21:48	1:03:39
3	Peg O'Brien	50	Wayzata	MN	8:16	27:18	24:56	1:04:11

MALE INDIVIDUAL AGE GROUP: 50 - 54

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Kris Kolstad	51	Willmar	MN	8:09	23:14	18:32	53:27
2	Mitchell Zahler	53	Stillwater	MN	8:58	23:17	17:57	53:27
3	Stephen Bullard	51	Minneapolis	MN	7:00	23:37	20:14	53:58

FEMALE INDIVIDUAL AGE GROUP: 55 - 59

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Karen Rothbauer	55	Shoreview	MN	7:49	23:46	19:52	55:45
2	Mary Beth Nehl	58	Willmar	MN	9:49	26:23	21:37	1:02:06
3	Nancy Vitoff	57	Plymouth	MN	9:49	26:32	21:49	1:02:09

MALE INDIVIDUAL AGE GROUP: 55 - 59

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Ed Ryan	56	Minnetrista	MN	7:57	26:09	19:02	56:48
2	Ben Zhao	55	Edina	MN	9:40	26:45	17:00	57:17
3	Dan Conway	58	Shoreview	MN	7:44	24:55	20:50	57:19

FEMALE INDIVIDUAL AGE GROUP: 60 - 64

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Mary Bond	61	Minneapolis	MN	12:34	27:39	25:58	1:10:37
2	Constance Crane	60	Minneapolis	MN	12:14	33:01	37:42	1:35:08

MALE INDIVIDUAL AGE GROUP: 60 - 64

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Ronald Grossinger	60	Saint Michael	MN	9:16	24:44	20:40	59:01
2	Larry Larson	64	Stillwater	MN	11:21	26:51	21:02	1:04:18
3	John Warford	63	Bismarck	ND	8:36	27:04	24:12	1:04:33

MALE INDIVIDUAL AGE GROUP: 65 - 69

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Howard Bich	69	Sioux Falls,	SD	12:29	26:15	26:41	1:10:22

FEMALE INDIVIDUAL AGE GROUP: 70 - 99

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Dorothy Marden	72	Mpls	MN	16:19	38:58	29:45	1:35:23

MALE INDIVIDUAL AGE GROUP: 70 - 99

Place	Name	Age	City	St	Swim	Bike	Run	Time
1	Dean Schulstrom	70	Coon Rapids	MN	12:39	30:24	25:38	1:17:28
2	John Pike	75	St Cloud	MN	12:14	30:27	29:38	1:18:22
3	Daniel Powers	72	Hudson	WI	12:59	38:41	46:02	1:46:45

TEAM RESULTS

1	Team Bich			5:32	19:56	18:12	46:19
	Brian Bich	Brian Bich	Nathan Bich				
2	Team Tele Pro			8:20	23:36	15:50	50:46
	Jeffrey Olson	Jack Olson	Tommy Olson				
3	Moonfish			7:44	26:44	15:47	52:18
	Josh Wieland	Calvin Mai	Jillian Brenton				