

Snowflake Shuffle 2011
12/10/2011

5_KM M AGE GROUP RESULTS

15 and Under

PL	NAME	AGE	TIME	PER MI	PER KM	CITY, ST
1	Abraham Skwira	14	18:32.93	5:58.23	3:42.60	Holdingsford, MN
2	Zach Harren	10	23:07.69	7:26.75	4:37.60	Sartell, MN
3	Noah Eide	13	23:58.59	7:43.16	4:47.79	Avon, MN
4	Josh Heinen	14	25:19.24	8:08.91	5:03.79	St. Joseph, MN
5	Alec Syvrud	14	25:19.73	8:09.24	5:03.99	Sartell, Mn
6	Bryce Olson	15	26:01.69	8:22.75	5:12.39	Sartell, MN
7	Spencer Linn	14	26:33.77	8:33.05	5:18.79	Avon, MN
8	Chris Veith	14	27:00.03	8:41.42	5:24.00	Brainerd, MN
9	Marcus Rien	0	31:33.56	10:09.61	6:18.79	Richmond, MN

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PL	NAME	AGE	TIME	PER MI	PER KM	CITY, ST
1	Steven Donahue	19	17:40.41	5:41.18	3:32.00	Plymouth, MN
2	Morcelli Kombo	17	21:11.33	6:49.09	4:14.19	St. Cloud, MN
3	Charles Dudek	19	22:16.64	7:10.33	4:27.39	Collegeville, MN
4	Mitch Ergen	18	22:20.86	7:11.62	4:28.20	St. Cloud, MN
5	Donald Neu	19	24:08.49	7:46.06	4:49.60	Stanchfield, MN
6	Sam Klinker	19	25:01.18	8:03.12	5:00.20	Little Falls, MN
7	Matt Powell	16	32:43.34	10:31.82	6:32.60	Coon Rapids, Mn

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PL	NAME	AGE	TIME	PER MI	PER KM	CITY, ST
1	Ryan Miller	21	17:47.46	5:43.43	3:33.39	Collegeville, MN
2	Nicholas Peterson	22	18:26.12	5:55.98	3:41.19	Collegeville, MN
3	John Stover	28	19:03.98	6:08.21	3:48.80	Sauk Rapids, MN
4	Patrick Larson	25	19:56.75	6:25.27	3:59.39	St Cloud, MN
5	Brian Brooks	29	20:24.27	6:33.96	4:04.80	Minneapolis, MN
6	Tim Moes	25	20:30.48	6:35.89	4:05.99	Sartell, MN
7	Stephen Middlebrook	20	21:47.85	7:01.00	4:21.60	Collegeville, MN
8	Justin Dahlheimes	28	21:54.62	7:03.25	4:23.00	Osakis, MN
9	Patrick Hayden	20	22:41.01	7:18.06	4:32.20	Plymouth, MN
10	Jacob Saffert	20	23:03.01	7:25.14	4:36.60	Collegeville, MN
11	Theo Lane	24	23:15.26	7:29.00	4:39.00	--
12	Mark Verdan	21	23:27.33	7:32.86	4:41.39	Johnston, IA
13	Dan Hermes	21	23:28.14	7:33.19	4:41.60	Vadnais Heights, MN
14	Jon Bruns	28	23:32.73	7:34.80	4:42.60	St. Joseph, MN
15	Corey Press	27	23:33.76	7:35.12	4:42.79	Watkins, MN

16	Matthew Scherber	20	24:47.14	7:58.61	4:57.39	Collegetville, MN
17	Joe Feidler	22	24:59.10	8:02.48	5:00.00	Collegetville, MN
18	Chris Stevens	26	25:42.77	8:16.64	5:08.60	Nashwauk, MN
19	Michael Wallace	21	28:57.10	9:19.08	5:47.39	Collegetville, MN
20	Jon Fults	29	29:42.00	9:33.57	5:56.39	29:42.00
21	Jarod Wolf	20	31:33.06	10:09.29	6:18.60	Collegetville, MN
22	Christopher Armstrong	20	31:49.00	10:14.44	6:21.79	Bemidji, MN

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PL	NAME	AGE	TIME	PER MI	PER KM	CITY, ST
1	Douglas Johnson	30	18:42.30	6:01.13	3:44.39	St. Cloud, MN
2	Matt Binsfeld	36	18:56.93	6:05.96	3:47.39	Holdinford, MN
3	Larry Hosch	34	19:44.60	6:21.41	3:57.00	St. Joseph, MN
4	Gregory Petitto	34	20:28.07	6:35.25	4:05.60	Rice, MN
5	Stan Triebenbach	32	21:02.64	6:46.52	4:12.60	Osakis, MN
6	Doug Larsen	35	22:26.70	7:13.55	4:29.39	Cold Spring, MN
7	Matt Stenson	39	22:33.36	7:15.48	4:30.60	St. Joseph, MN
8	Brian Weitz	30	22:36.88	7:16.77	4:31.39	Minneapolis, MN
9	Brook Larsen	35	23:20.58	7:30.93	4:40.20	Cold Spring, MN
10	Grant Swenson	34	23:31.14	7:34.15	4:42.20	St. Cloud, MN
11	Craig Hall	33	25:34.61	8:14.06	5:06.99	Hopkins, MN
12	Josh Goerger	31	25:48.14	8:18.25	5:09.60	Avon, MN
13	Josh Theis	30	25:54.81	8:20.50	5:11.00	Sauk Rapids, MN
14	Brad Powell	32	26:02.28	8:22.75	5:12.39	Saint Michael, MN
15	Trevor Akervik	36	26:29.64	8:31.77	5:18.00	Sartell, MN
16	Steve Kimble	34	27:20.59	8:48.18	5:28.20	Sartell, MN
17	Adam Skeate	34	32:11.83	10:21.85	6:26.39	St. Cloud, MN
18	Michael Carlson	35	32:48.03	10:33.43	6:33.60	St. Cloud, MN
19	Matt Lahren	34	33:27.20	10:45.99	6:41.39	St. Cloud, MN
20	Jan Lasar	38	36:27.20	11:43.92	7:17.39	Bowlus, MN

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PL	NAME	AGE	TIME	PER MI	PER KM	CITY, ST
1	Joseph Connor	45	20:36.82	6:38.15	4:07.39	St Paul, MN
2	John Vornholt	45	21:30.01	6:55.21	4:18.00	New London, MN
3	Donald Thielen	44	23:11.65	7:28.04	4:38.39	Sauk Rapids, MN
4	Robert Hesse	42	24:01.95	7:44.13	4:48.39	Sartell, MN
5	Ben Yovngs	43	24:18.55	7:49.60	4:51.79	Monticello, MN
6	Chris Theisen	41	24:25.54	7:51.85	4:53.20	St. Cloud, MN
7	Bryce Wendlandt	41	24:50.33	8:00.00	4:58.00	Litchfield, MN
8	Noah Youngs	40	25:05.57	8:04.73	5:01.20	Monticello, MN
9	Jason Gary	45	25:43.44	8:16.64	5:08.60	Sauk Rapids, MN
10	Gregg Guimond	46	28:15.48	9:05.56	5:39.00	Little Falls, MN
11	Jeff Vetsch	41	28:52.80	9:17.79	5:46.60	New London, MN
12	John Stangl	48	29:15.46	9:24.87	5:51.00	--
13	John Fuls	42	29:35.08	9:31.31	5:55.00	Sauk Rapids, MN

14	Peter Hansen	45	29:41.34	9:33.24	5:56.20	Rockville, MN
15	Ron Klinker	48	29:47.00	9:35.17	5:57.39	Little Falls, MN
16	Dale Cooper	40	34:04.94	10:58.22	6:49.00	Brainerd, MN

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PL	NAME	AGE	TIME	PER MI	PER KM	CITY, ST
1	Scott Ergen	50	20:05.43	6:27.85	4:00.99	St. Cloud, MN
2	Jeff Delwiche	53	20:07.59	6:28.81	4:01.60	Glencoe, MN
3	Kirt Goetzke	51	20:19.00	6:32.35	4:03.80	Plymouth, MN
4	David Hartz	54	20:35.00	6:37.50	4:06.99	Cold Spring, MN
5	Kurt Stunek	54	21:23.45	6:52.95	4:16.60	St. Cloud, MN
6	Arlyn Melvie	52	22:23.09	7:12.26	4:28.60	Williams, MN
7	Gordon McIntosh	58	22:51.91	7:21.60	4:34.39	Morris, MN
8	Scott Eide	50	23:13.57	7:28.68	4:38.79	Avon, MN
9	Dan Rassier	56	23:19.92	7:30.61	4:40.00	St. Joseph, MN
10	Jeffrey Michalski	53	24:11.66	7:47.35	4:50.39	Sartell, MN
11	Martin Teigen	55	25:13.60	8:07.30	5:02.79	Minneapolis, MN
12	Loran Novak	52	25:23.42	8:10.20	5:04.60	Sauk Rapids, MN
13	Bill Tetrack	50	25:27.30	8:11.49	5:05.39	Mounds View, MN
14	Mark Gregg	51	26:01.24	8:22.43	5:12.20	Minnetonka, MN
15	Rick Rangel	58	26:46.44	8:36.92	5:21.20	Waite Park, MN
16	Len Powell	53	27:28.36	8:50.43	5:29.60	Coon Rapids, MN
17	Roger Olson	55	27:30.17	8:51.08	5:30.00	Sartell, MN
18	Thomas Keene	58	28:09.86	9:03.95	5:38.00	Alexandria, MN
19	Steve Reisetter	54	29:25.12	9:28.09	5:53.00	Brooklyn Park, MN
20	Jack Polcher	51	30:08.95	9:42.26	6:01.79	Rice, MN
21	Allen Voigt	51	30:23.59	9:47.08	6:04.79	Stanchfield, MN
22	Joel Morseth	52	31:35.54	10:10.26	6:19.20	Sauk Rapids, MN
23	Jim Ressemann	50	31:58.63	10:17.66	6:23.79	St. Cloud, MN
24	Steve Halsey	59	32:32.23	10:28.28	6:30.39	Monticello, MN
25	Dan Cardetti	55	35:04.90	11:17.53	7:00.99	Sartell, MN
26	Kevin ODonnell	56	40:08.02	12:55.06	8:01.60	Maple Grove, MN

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PL	NAME	AGE	TIME	PER MI	PER KM	CITY, ST
1	Rick Hlebain	61	19:34.16	6:17.87	3:54.80	Sartell, MN
2	Dave Trefethen	64	23:31.84	7:34.47	4:42.39	Monticello, MN
3	Mick Justin	63	25:28.99	8:12.13	5:05.79	Nisswa, MN
4	Stephen Sahlstrom	61	26:38.84	8:34.66	5:19.79	St. Cloud, MN
5	Gary Skeate	63	32:03.92	10:19.27	6:24.79	St. Cloud, MN

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PL	NAME	AGE	TIME	PER MI	PER KM	CITY, ST
1	Evan Jones	73	31:38.87	10:11.22	6:19.79	St. Cloud, MN
2	Francis Januscaka	80	33:24.58	10:45.34	6:41.00	Rice, MN